



# Building Bridges

For Adults with ID/DD  
(Intellectual Disability and  
Developmental Disabilities)  
and MHD  
(Mental Health Disability)



**The OSU Nisonger Center is looking for individuals to participate  
in focus groups!**

## **Who are we seeking to participate?**

- Adults with ID/DD and MHD who have experience with mental health services
- Caregivers of adults with ID/DD and MHD
- Providers in the mental health workforce
- Providers in the developmental disabilities workforce

## **Focus Group Overview**

- There will be 6-8 participants in each focus group
- Participants will be asked to describe:
  - Their experiences with mental health and developmental disabilities services and supports
  - Barriers to getting services
  - Training needs for professionals within the IDD and MHD systems

## **How much time will it take?**

- The focus group will be on Zoom
- It will last for 1.5 hours (90 minutes)

## **Will I get paid?**

- Yes, individuals will receive a \$25.00 gift card for participating in a focus group

## **What would you do if you sign up?**

- Attend the focus group on Zoom
- Share your experience

## **How do I sign up or ask questions?**

- Contact us by email or phone
- Jessy Thomas, Project Coordinator
  - [jessy.thomas@osumc.edu](mailto:jessy.thomas@osumc.edu)
  - 614-688-3214

# BUILDING BRIDGES

## AN INTERDISCIPLINARY TRAINING INITIATIVE TO IMPROVE SERVICES AND SUPPORT FOR PEOPLE WITH ID/DD AND MENTAL HEALTH DISABILITIES

The Ohio State University Nisonger Center will form a state team to address training needs related to mental health treatment for adults with ID/DD. First, we will identify current mental health treatment for adults with ID/DD in Ohio and determine gaps and training needs. Second, we will work with the state team to identify who needs training and the type of training to be done. Third, we will deliver state-wide training to professionals serving individuals with ID/DD and MHD. We are recruiting individuals with ID/DD and co-occurring mental health conditions and caregivers of individuals with ID/DD and co-occurring mental health conditions to join our state team.

### **Project Goals:**

- Learn how individuals with intellectual and developmental disabilities (ID/DD) and mental health disability (MHD) can get the care they need
- Improve services and supports for individuals with ID/DD and MHD

### **Likely Outcomes:**

- Improved collaboration and coordination among state agencies in meeting the needs of individuals with ID/DD and MHD
- Culturally competent person-centered supports for adults with ID/DD and MHD

### **Expected Products:**

- Toolkits
- Live Training
- Short Videos